

Sun Safety Policy

We acknowledge the importance of sun protection and want children and staff to be protected from the harmful UV rays of the sun, and will work with staff, members and parents to achieve this through:

Education

- We will talk about being sun sensible in tennis sessions at the start of the summer term and during the summer camps.
- An email will be sent to parents and guardians at the start of the summer term, explaining what we are doing about sun protection and how they can help.
- Coaches will plan lessons relating to sun safety and information will be provided around the tennis club.
- Sun safety information on the TV presentation during hot periods of the Summer.
- Ensure coaches informed at Summer term of steps to stay safe.

Protection

Staying shady:

- Children will be encouraged to stay in the shade, where this is available.
- There is plenty of shade on the terrace and umbrellas will be put up on sunny days.

Covering up:

- Children are encouraged to wear hats.
- Our coaches and tennis leaders are advised to wear hats when coaching outdoors.
- Sunglasses advised for coaches who are outdoors for long periods of time.

Drinking lots:

- We will make sure water is available and encourage children to drink regularly during hot weather

Creaming up:

- Sunscreen use will be encouraged during coaching and matches.
- Sunscreen is available for coaches and players if they forget their own.

This policy was developed with the help of staff, members and parents and it will be reviewed annually.