

## Coaching Courses / Camps Terms & Conditions

West Bridgford Tennis Club aims to create a safe and inclusive environment both on and off court.  
Any safeguarding queries or concerns should be reported to the club welfare officer.  
(Contact details are available at the club)

Please read the [LTA Guidance for Tennis Players](#) before attending the club  
**No places can be reserved without payment and membership (if required).**

### Course Details

If you would like to enrol on to a course or camp please book online or at reception once you have selected which group/day/level you wish to join.  
To attend a coaching course, all children MUST be a member of West Bridgford Tennis Club. Membership forms are available online and at reception.  
All courses are taken by LTA accredited (+) coaches.  
Sign up at reception and payment must be made at the time of booking. We work on a first come first served basis.  
In the case of inclement weather, NO lessons will be cancelled for juniors or mini tennis. A suitable tennis related activity will be held instead.  
Adult sessions may be cancelled in the case of inclement weather. Additional rainy dates are provided on the relevant courses.  
If you are unsure which course is the most suitable for you, then contact the Club at; [tennis@westbridgfordtennisclub.co.uk](mailto:tennis@westbridgfordtennisclub.co.uk) or reception 01159811699  
The club reserves the right to cancel any group if the numbers are not sufficient for it to run.  
All courses will have a maximum of 6 players per court.

### Refund Policy

**In the event of a lockdown or if players are required to self-isolate, we will credit any sessions missed back to your member account.** If you prefer a full refund this will also be available. If you have entered and paid onto a tennis course or camp but attend none of the sessions due to illness or injury, we can offer 50% of the course fee back to the payer. If you have entered, paid and attended a tennis course or camp but then have to withdraw no refund can be offered. In extenuating circumstances please contact Julia Griffith (Club manager) [julia@westbridgfordtennisclub.co.uk](mailto:julia@westbridgfordtennisclub.co.uk)  
All refunds must be agreed with the Club Manager.

By paying and enrolling on to our coaching programme you agree to abide by the Rules and Code of Conduct of West Bridgford Tennis Club and all club policies. These are available upon request, in the clubhouse and on the WBTC website [www.westbridgfordtennisclub.co.uk/policies](http://www.westbridgfordtennisclub.co.uk/policies)



Notts LTA  
Club of  
the Year  
2025

Notts LTA  
Coach of  
the Year  
2025

## LTA Youth Coaching Programme Spring 2026

Monday 5th January – Sunday 29th March  
(11 weeks)

## Guidance and terms and conditions



3-5yrs	Blue
6-9yrs	Red 2018 / later
8-10yrs	Orange 2017/2018
9-11yrs	Green 2016/2017
Age Group	Players Born in...
11U	2015 or 2016
12U	2014 – 2015
14U	2012 – 2015
16U	2010 – 2015
18U	2008 – 2015

### Standard Guide for course levels;

**Entry** - Beginners and players who have little experience on a tennis court.

**Club** - Players who can keep a rally going over the net from the appropriate baseline. A basic knowledge and understanding of match play and how to score. Ability to serve and use a variety of different strokes.

**Master (invitational)** - Players who are competent in playing a match and can rally consistently from the baseline with knowledge of spin and tactical awareness. Top club and county players will be invited to the master level.